

<i>MO</i>	<i>DI</i>	<i>MI</i>	<i>DO</i>	<i>FR</i>	<i>SO</i>
			7.10 - 8.10 SPINNING		
9.30 - 10.25 WSG	9.00 - 10.00 GERÄTEZIRKEL	9.30 - 10.25 WSG INTENSIV	9.30 - 10.25 WSG	9.30 - 10.25 WSG INTENSIV	
10.30 - 11.25 WSG INTENSIV		10.30 - 11.25 WSG		10.30 - 11.30 SPINNING	10.30 - 12.00 MIXED WORKOUT
		14.15 - 15.00 WASSER- GYMNASTIK		12.00 - 12.45 WSG	
17.30 - 18.25 PILATES	17.30 - 18.25 AROMA	17.30 - 18.25 POWER LIFT	17.30 - 18.25 WSG INTENSIV	17.30 - 18.25 SPINNING	
18.30 - 19.25 STEP	18.30 - 19.25 WSG	18.30 - 19.25 SPINNING	18.30 - 19.25 ZUMBA	18.30 - 19.30 FUNC. CIRCLE	
19.30 - 20.00 BAUCH-INT.-WO			19.30 - 20.45 YOGA		
20.00 - 21.00 SPINNING					

KURSPLAN GÜLTIG AB 03.02.2020