

<i>MO</i>	<i>DI</i>	<i>MI</i>	<i>DO</i>	<i>FR</i>	<i>SO</i>
9.30 - 10.25 WSG	9.00 - 10.00 GERÄTEZIRKEL	9.30 - 10.25 WSG INTENSIV	7.15 - 8.15 SPINNING 9.30 - 10.25 WSG	9.30 - 10.25 WSG INTENSIV	10.30 - 11.00 MIXED WORKOUT sommerrpause
10.30 - 11.25 WSG INTENSIV		10.30 - 11.25 WSG	10.30 - 11.25 WSG	10.30 - 11.25 REHA - WSG	
		14.15 - 15.00 WASSER- GYMNASTIK (REHA)			
17.30 - 18.25 PILATES	17.30 - 18.25 BODYART	17.30 - 18.25 FUNC. CIRCLE	17.30 - 18.25 WSG INTENSIV		
18.30 - 19.25 STEP	18.30 - 19.25 WSG	18.30 - 19.25 SPINNING	18.30 - 19.25 ZUMBA	18.30 - 19.30 FUNC. CIRCLE	
19.30 - 20.00 BAUCH-INT.-WO			19.30 - 20.30 YOGA		
20.00 - 21.00 SPINNING					